

## **Reported Essure Side-effects**

### **Gynaecological, etc.**

Cramping  
Sharp/Stabbing Pelvic Pain  
Abnormal menses  
Period stops  
Ovarian cysts  
Uterine cysts  
Fallopian tube cysts  
Pregnancy  
Bacterial vaginosis  
Constant spotting  
Discharge (Odor/No Odor)  
Endometriosis  
Adenomyosis  
Miscarriage  
Hot flashes  
Cervical Cancer/ Dysplasia  
Hydrosalpinx (Fluid in the Fallopian Tubes)  
Fallopian Tube Fibroids  
PID (Pelvic Inflammatory Disease)  
PCOS (Polycystic Ovarian Syndrome)  
Cysts at the Vaginal Opening (Bartholin's Cyst)  
PMDD (Premenstrual Dysphoric Disorder)  
Uterine Fibroids  
Uterine Inflammation  
Uterine Infection  
Excessive Bleeding During Period (Menorrhagia)  
Painful Ovulation (Mittelschmerz)  
Night Sweats  
Loss of Libido  
Hot Flashes  
Bleeding/Spotting After Sex  
Painful Periods (Dysmenorrhea)  
Painful Intercourse (Dyspareunia)  
Bleeding Between Periods (Metrorrhagia)  
Early Menopause  
Incontinence

Long Menstrual Cycles (Polymenorrhea)  
Sexual Dysfunction (Unable to Orgasm or Feel Pleasure)  
Lack of Menstrual Cycle (Amenorrhea)  
Yeast Infections (Candida)  
Bacterial Vaginosis  
Urgent/Frequent Urination  
UTI (urinary tract infection), bladder infection  
Cervicitis/Vaginitis (Swelling, Inflammation, Infection of  
the Cervix or Vagina)  
Itching, Burning, Stinging, Stabbing of Vaginal Entrance  
(Vulvodynia)  
Breast Pain/Tenderness  
Abdominal Spasms/ Twitching/ Fluttering

### **Pain**

Back, joint, chest, leg, breast, neck, spine, hip  
Chronic Pelvic Pain  
Face pain (Trigeminal Neuralgia)  
All Over Body Aches/Pain

### **Gastrointestinal**

Nausea, vomiting, gas, constipation, diarrhea  
Severe bloating  
Metallic taste in mouth  
Heartburn  
Bowel issues

### **Neurological, Mental Health**

Headaches or migraines  
Dizziness  
Tingling sensations  
Numbness  
Brain shocks  
Nerve pain  
Brain fog – cloudiness, forgetfulness  
Anxiety/Panic Attacks  
Mood swings  
Seizures  
Stroke Symptoms

Depression (Sadness/Suicidal Thoughts)  
Ringing In Ears (Pulsatile Tinnitus)  
Black Out Spells/ Fainting  
Diminished brain function (brain fog, confusion,  
cloudiness, forgetfulness, short term memory loss)  
Mood Disorders  
PTSD (Post Traumatic Stress Disorder)  
Numbness in Thigh (Meralgia Paresthetica)  
Numbness/Tingling in Extremities (Hands/Feet)  
Sensation of Burning, Stinging, Tickling or Prickling of  
Skin (Paresthesia)  
Nerve Pain  
Tremors/Shakiness  
Dizziness

### **Blood Issues**

Anemia/ Iron Deficiency/Low Ferritin  
Blood Clots  
High Blood Pressure  
Vitamin D Deficiency  
Unexplained/Easily Bruising  
Vitamin B-12 Deficiency  
Elevated Blood Counts  
Inability to Maintain Blood Sugars (Hypoglycemia)  
Pulmonary embolism

### **Autoimmune Disorders**

Lupus  
MS  
Rheumatoid Arthritis  
Fibromyalgia  
Chronic Fatigue Syndrome  
Raynaud's Syndrome  
Myasthenia Gravis

### **Allergies/Sensitivities**

Chemical and food sensitivities  
Metal Allergies (Nickel)  
Heightened Allergies/ Allergic Reactions

Food Allergies  
Gluten Sensitivity  
Allergic reactions  
Hives, rashes  
Cysts, boils, acne  
Skin Irritation/Itching

### **Heart Issues**

First Degree Heart Block  
Heart palpitations

### **Coils/Device Issues**

Perforation of the tubes by the coils  
Coil migrations  
Coils becoming embedded in other tissues, organs  
Broken, missing Coils

### **Others**

Swelling of legs or feet  
Hair loss or changes  
Hair growth in new places  
Organs fusing to other organs  
Dental issues  
Insomnia  
Thyroid Disease (Hypothyroid/Hyperthyroid)  
Degenerative Bone Disease  
ITP (Idiopathic Thrombocytopenia Purpura)  
Seroma  
Gallbladder issues (Gallstones/Removal)  
Liver Problems  
Weight Issues (Loss/ Gain)  
Adrenal Problems  
Sleep Apnea  
Adhesions (Scar Tissue in Abdomen)  
Swollen Glands  
Swelling/Numbness in Jaws/Lips  
Unexplained Fevers  
Swelling of Legs/Feet  
Muscle Spasms

Vision Problems (Floaters, Blurred Vision, Decreased Vision)

Excessive Sweating

Dry Skin/Hair/Eyes

Severe Bloating

Blood in Urine